

Volume 59, Number 7

Arlington, VA

April 2018

Barbara Kanninen to Address AFCA Meeting

School Board Chair Barbara Kanninen will speak at the AFCA monthly meeting on Wednesday, April 18th, at 7 pm in the Barrett School library. The meeting will also include a presentation of photos of local wildlife by nature photographer David Howell.

Dr. Kanninen will discuss issues facing Arlington Public Schools and answer questions. She joined the School Board in 2015 and her current term expires this year. She is a Ph.D. environmental scientist, children's book author, and school and community leader. She is currently the School Board liaison to AFCA, Barrett Elementary School, and Wakefield High School.

In the second half of the meeting, amateur nature pho-

tographer and Greenbrier section resident David Howell will present a slide show of some of the 300 species that he has photographed in Arlington County over the past few years. Nearly all these species could be found by anyone with a little effort, patience and knowledge, just walking in our local parks and neighborhoods.

His photos have been exhibited in the atrium of the Central Library, at two County fairs, at three Community Centers, and at the Long Branch Nature Center and Gulf Branch Nature Center. They have also been included in two professional publications and on educational signage in Arlington and Alexandria.

Farmers Market Opens Next Month by Luke W. Reynolds

Just as April showers bring May flowers, preparations are fast underway in both the city and countryside for a bountiful opening of the Lubber Run Farmers Market. The market is expected to open at 8:00 a.m. on Saturday, May 26th, in the parking lot of Barrett Elementary School, and operate every Saturday morning through November.

On March 22nd, the Arlington County School Board approved the licensing agreement necessary for the market to open. This paves the way for the Arlington County Board to consider the site use plan exemption for the proposed market during the May 19th meeting. With letters of support from the Buckingham Community Civic Association, Arlington Forest Civic Association, and three nearby HOAs, the proposed market is likely to be placed on the consent agenda for the meeting for straightforward approval.

With close to a dozen vendors confirmed and several others being considered, we expect the market to have much to offer people looking for fresh, locally-sourced recipe ingredients or a late morning snack. Confirmed vendors include Twin Springs Fruit Farm, which uses the principles of integrated pest management to, depending on the crop, eliminate or significantly minimize use of chemical insecticides. As an example, they use ladybugs to control aphids on pepper plants rather than spraying. Other vendors will sell, as examples, coffee brewed from locally roasted beans and ethically grown meats from a local farm.

Opportunities for volunteers to promote the success of the market include helping with day-of logistics, planning special events during certain market days, *...continued on page 3*

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AFCA Meeting 7 p.m. April 18 at Barrett School Library

THE ARLINGTON FORESTER

Official publication of the Arlington Forest Citizens Association, Arlington, Virginia founded in 1939. A nonpartisan, nonsectarian publication serving the common interests of the residents of Arlington Forest.

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Editor's Note

The Arlington Forester welcomes articles, news notes, letters, and photos focusing on non-commercial events or issues specific to our neighborhood. We publish eight times per year (Sept to Nov and Jan to May). Deadline for submissions is the first of the month. E-mail submissions of up to 400 words to newsletter@arlingtonforestva.org. Space often fills up before the deadline.

Events in nearby Glencarlyn

Ball-Sellers House: The oldest surviving building in Arlington is just across Four Mile Run from Arlington Forest in the Glencarlyn neighborhood. Built around 1742, the Arlington Historical Society has preserved John Ball's cabin and offers free tours by knowledgeable docents on Saturdays 1-4 PM, April through October. It will also be open on Memorial Day, Independence Day, and Labor Day. Located at 5620 3rd Street South, the house allows visitors to see how ordinary Virginians lived in colonial times. For more info, see www. arlingtonhistoricalsociety.org.

George Washington's Forest History Walking Tour:

Saturday, April 21st (rain or shine), 1:30 to 3:30 pm, Ball-Sellers House. Walk in the footsteps of George Washington on a guided walking tour with a local historian. In 1775, George Washington bought 1200-acres of forest in what is now Arlington. After the Revolutionary War, he returned home and surveyed his property. On the walking tour you'll start off with a tour of the Ball-Sellers House, visit the survey markers used by Washington in 1785, and visit historic springs, the site of a mill built by George Washington's step-grandson, and more. The guided walking tour is free and open to all ages. The Ball-Sellers House welcomes your donation.

Glencarlyn Library Plant Sale: The annual Plant Sale at Glencarlyn Library Community Garden will be Sunday, May 6th from 10 a.m. to 3 p.m. Located at 300 South Kensington Street, this Master Gardener demonstration garden will offer a wide range of plants cultivated on site, as well as featuring native plants from Hill House Nursery and blooming plants and herbs from Country Gardens. New this year will be logs inoculated with mushroom spoors, compost tea, local honey, hand-crafted jewelry and T-shirts with artwork featuring butterflies and their host plants. "We are offering just what you need to treat a case of spring fever," says Wendy Mills, one of the co-coordinators at the garden. "Those still searching for Mother's Day gifts may find just the right thing at this sale." The sale also offers Master Gardeners on site to consult on garden related questions and to help choose the right plant for the right place. The sale raises funds to keep the demonstration garden operating. More information is available by emailing glencarlynlibrarygarden@gmail.com, calling 703-244-7309, or at www.mgnv.org.

Upcoming AFCA Events: Spring Cleanup, April 21st Community Yard Sale, May 19th

Neighborhood Conservation Plan

Would you like to get to know your Arlington Forest neighbors better and help our neighborhood's dialogue with County leaders? Would you like to contribute your skills in research, online and in-person polling, collaborative virtual meeting support, drafting, site visits, and publicity within the neighborhood?

If so, please consider volunteering to help update Arlington Forest's Neighborhood Conservation Plan. We have a solid Conservation Plan prepared by neighbors in the late 1980's, and we plan updates to reflect new knowledge, circumstances and concerns. The time commitment will be about one meeting a month for one year or more, plus online collaboration among committee members as research results progress.

If interested, please send your responses to questions below to NCAC Representative Liz Kauffman at lizkauffman@yahoo.com:

1) Why do you want to participate in updating our Neighborhood Conservation Plan?

2) Please indicate skills or interests you can contribute to the Plan update. Examples include technical skills: drafting and editing, collaborative techniques, motivating respondents to complete surveys; and knowledge--about County governance, transportation issues, natural history, environmental protection, zoning, etc.

3) Have you volunteered before for Arlington Forest neighborhood activities? How?

4) How may we contact you?

5) Please add any other information you wish to share. We expect to schedule an initial meeting in late May, with sub-committee meetings to be scheduled thereafter. To see our current plan, please click on "AF Neighborhood Conservation Plan (1991)" in the "Neighborhood" dropdown menu on the Arlington Forest Citizen Association website.

Please note that the formation of the committee will be officially voted on at the April 18th AFCA meeting at the Barrett Elementary School Library.

Farmers Market ... from page 1

recruiting sponsors, or helping with marketing. Contact info@fieldtotable.org to discuss your interest in volunteering to support the market.

And perhaps start planning what to do with the fresh fruit and vegetables that you may find provide an excellent value with respect to cost and quality! In fact, consider going to usa.gov and searching for "farmers market recipes" to find quality, healthy ideas for what you may find at our local farmers market this year!

Adam (RT) Tnaib

202-725-0055 adamt@kw.com Your neighbor and realtor in Arlington Forest

If you are thinking about selling this spring, now is the perfect time to start getting your home ready. Please contact me for a free/no obligation consultation to learn about simple things you can do to improve the value of your home. I look forward to working with you.



Spring Cleanup on April 21 by John Naland



Our seventh annual Arlington Forest Spring Cleanup is Saturday morning, April 21st. Volunteers will be active in Lubber Run Park (to remove trash from the streambed), the Arlington Blvd southside buffer strip (to remove trash and clean up), and below the N. Granada/N. Greenbrier trailhead (to remove trash from streambed).

We start at 9 am, rain or shine. If you arrive late, look around for those who are already at work. Wear old clothes and sturdy shoes and bring drinking water. Wear garden or work gloves if you have them. The cleanup usually ends by 10:30 am.

Please join this effort to beautify our public spaces if you enjoy walking, jogging or biking in our local parks; if you want to help protect the Chesapeake Bay watershed; if you have children who you want to learn to care for the environment; or if you just want to get out in the fresh spring air to benefit from some light exercise.

Many hands make for light work, so the more volunteers who participate, the more progress can be made to improve community spaces for our spring and summer enjoyment. Even if you can only help for an hour, please do so. As always, we welcome the participation of local boy and girl scouts.

Please remember that you can protect our environment any day by doing a quick check of the curb in front of your house to pick up plastics and other trash that may floated down the street or fallen from a trash truck. That will stop the next rainstorm from carrying the debris into our streams and rivers.

If you have questions about the cleanup event, e-mail John Naland at nalandfamily@yahoo.com

Washington-Lee Plant Sale: Spring is just around the corner, so it's time to order your flowers, herbs, hanging baskets and vegetable plants at the W-L PTA Plant Sale. Sale date is May 5th, but now is the time to pre-order on-line. Pre-Order by April 22nd at www.w-lplantsale.com and then pick up your plants on May 5th in the W-L Cafeteria (1301 N. Stafford St) between 10 am to 3 pm. All profits support W-L PTA that support teachers and student activities. All plants are from a family run wholesale nursery in Maryland. Questions? Contact wlptaplantsale@gmail.com

The Spring real estate market has arrived, and the supply of homes is increasing so far in March and so is buyer activity, with an absorption rate of 1.5 months. It's is a seller's market for sure and bidding wars do happen, although not at the pace they did a few years ago. Sellers have options on pricing strategies and most will view initial realistic positioning in a value range as the best strategy to attract educated buyers, who have easy access to available market data. Days on market is influential and impacts how buyers approach an offer. They don't have much leverage in the first few weeks and won't present lowball offers on a fresh commodity. Mortgage rates increased in early March, with current fixed rates averaging 4.5%. According to Freddie Mac, the average mortgage rate from the 1970s-2000 was about 7%, the average rate from 2000-2008 was 6% and since 2008 they've been between

3.5 to 4%. Freddie Mac currently predicts that rates will reach about 5% by the end of 2018. About 1/3rd of recent purchases in the area were made with less than 20% down payment. Conventional loans are available at 3%, 5%, 10% and 15% down. Some local lenders have special programs with 3% to 5% down using conventional financing and eliminate the monthly mortgage insurance payment. Other options are to avoid PMI (private mortgage insurance) are 80/20 (zero down), 80/15/5 (5% down) and 80/10/10 (10% down). With low home inventory and strong buyer demand, the reputation of the mortgage lender is a critical component of any transaction. A pre-approval letter from a strong local lender is a key factor for winning a competitive bid. Some lenders can close a loan in 2 to 3 weeks, which is attractive to sellers. Need some advice on mortgage lenders and how to compete? Let's talk!



Casey O'Neal Associate Broker 703-217-9090 casey@caseyoneal.com RE/MAX Allegiance www.caseyoneal.com

FREE Notary Service for Arl. Forest Residents!

Before you place your home on the market - I can help you be as ready as possible. Contact me for a Room by Room Review and I can share quick and easy tips to either make your house show like a model or sell it "as-is".

Around the Forest

Sense of Place Café: Our neighborhood café located in the Arlington Forest Shopping Center was recently profiled on the ARLnow website. The article highlighted the café's unique Enzymo Coffee brand, which ferments for two weeks before in-house roasting, and its mushroom tea with high levels of antioxidants. The shop is open Tuesday-Friday from 7 a.m.-3 p.m., and Saturday-Sunday 8 a.m.-2 p.m. www.senseofplacecafe.com.

Street Sweeping: With winter finally over, street sweeping machines are returning to remove debris and pollutants such as sand, salt, petroleum products and bacteria before they wash into streams. The first sweeping date for Arlington Forest is April 18th. Sweeping is more effective if residents relocate their cars from curbside between 7:30 AM and 3 PM on sweeping day.

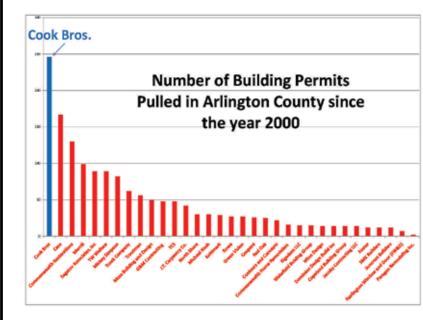
Photographing Arlington Wildlife: Saturday, April 21st, 10 am-12 pm, Long Branch Nature Center. For adults and teens ages 16 and up accompanied by a registered adult. Learn how to photograph wildlife and get memorable images. Please bring a digital camera with at least a 10x zoom lens or equivalent. \$10 per person. Registration required. For info: 703-228-6535.

Mulch Delivery: Need mulch for your yard? Residents can obtain mulch made from recycled leaves from the County's fall leaf collection or from wood made from tree trimmings and tree removals in Arlington. Leaf mulch: 2.5 cubic yards for \$50 or 5 cubic yards for \$75. Wood mulch: 2.5 cubic yards for \$50 or 5 cubic yards for \$75. The fee will be applied to your next quarterly utility bill. Order online at http://recycling.arlingtonva.us/residential/mulch-dirt

Spring Native Plant Sale: Saturday, May 5th, 1-4 pm at Long Branch Nature Center. Want to beautify your yard? Then it is time to go native! We are offering a great selection of plants that are accustomed to local climate and wildlife. We have gorgeous natives for sun to shade and even deer-resistant plants. We are offering trees, shrubs and perennials in our Pre-order Sale. The order form can be emailed to you or pre-order your plants online at: registration.arlingtonva.us. On the day of the sale, we'll have a wider selection on-site. Payment by cash, check or credit card. For info: 703-228-6535.

AFCA Elections: Elections for AFCA's 2018-19 officers will be held at the annual membership meeting and picnic on May 16th. Any dues-paying AFCA member is welcome to place their name in nomination at the meeting. The Association's Bylaws are posted on the AFCA website.

You Don't Have to Interview the **#1 Remodeler in Arlington...** But...



Why Wouldn't You?

For a larger Graph image and more information about the Graph, visit our website at

www.CookBros.org/ArlForest



Community Yard Sale on May 19

Arlington Forest's long-running annual Community Yard Sale takes place Saturday morning, May 19th (rain date May 20th). With over 40 Arlington Forest households participating each year, the event attracts many bargain hunters drawn to the convenience of cruising though one area to visit many sales.

Next month's newsletter will publish a map of sale sites. **To get on the map, e-mail your address to nalandfamily@ yahoo.com by May 4th.** Residents can use the map to locate nearby sales. Sellers are encouraged to make photocopies (or print copies from the online *Arlington Forester* at www.arlingtonforestva.org) so shoppers can pick up a map leading them to other sites.

Experience suggests these strategies for success:

-- Prepare in advance. Sort clothes by size. Group similar items together. Use shopper-friendly ways to display merchandise (tables, clothes rack). Have grocery sacks on hand. Accumulate dollar bills and coins to make change. If selling electronics, set up an extension cord to show that the items work.

-- Price items reasonably. Savvy shoppers will buy elsewhere if prices are too high. Be prepared to negotiate down from the listed price. -- To snag buyers who make yard sales their business, start setting up at 7 am. In late morning, people come out looking for close-out prices and even freebies. If left with furniture or other large items that you simply want to get rid of, leave them at the curb with a "free" sign and they will probably be gone by Sunday afternoon.

-- Keep your cash in a pocket, shoulder purse, or fanny pack. If you do use a cash box, have someone assist you so it is not left unattended while you are with a shopper. Decline personal checks. If you go indoors, have someone watch your merchandise.

Sellers near Arlington Blvd, Carlin Springs Rd., George Mason Dr., and Henderson Dr. are encouraged to post homemade signs along those thoroughfares pointing into the neighborhood to their sale (please remove signs at day's end).

For many people, yard sale success is not measured by profit, but by how much unwanted stuff is moved out instead of left cluttering the house. The sale is also a great community event. Families can say hello to neighbors down the block and snag their own bargains. Kids can set up a lemonade stand.

So, whether you are a seller, a buyer or both, please join us on May 19th.



Forest Exchange

Cleaning for you! is a reliable all-in-one home cleaning service. We offer many services for houses, townhouses, apartments, or offices, including move in/out cleaning. Our trustworthy staff is bonded and insured. Free in-home estimates for weekly, biweekly, monthly, or occasional services. Good references, years of experience, flexible scheduling, reasonable rates. We bring our own equipment. Call Marlene (703) 402-8792.

Bingo Night: St. John's Episcopal Church will host a bingo night on April 21st from 7-9 pm. The price is \$5 for two cards and a raffle ticket. 415 S. Lexington Street.



703 474-1145 CELL 703 531-3070 DIRECT 703 536-8723 FAX OMAR@LNF.COM WWW.OMARSHERZAI.LNF.COM

n-home **Neighborhood Spring Cleanup:** Saturday, April 21st. Help beautify our neighborhood parks.

Annual Yard Sale: Saturday, May 19th. Turn unwanted stuff into cash.

Community Calendar

Next AFCA Meeting: Wednesday, April 18th, 7 PM,

Barrett Elementary School. See page 1 for details.

Taste of Arlington: May 20th. Annual food tasting event along Wilson Blvd near Ballston Mall.

Lubber Run Amphitheater: Live entertainment under the stars resumes in June.

Arlington County Fair: August 15th to 19th. Rides, food, displays, and racing pigs.

Future AFCA Meetings:

May 16th: Picnic and Annual Membership Meeting September 19th: AFCA begins a new year of advocacy

To get on the Yard Sale map, e-mail your address to nalandfamily@yahoo.com by May 4

As a resident of Arlington Forest, I work hard to provide my neighbors with the very best service. Right now, demand for homes like ours is extremely high, with interest rates at an all-time low and very little inventory available. If you are considering selling or buying a home, let me show you how working with a knowledgeable professional can make the experience great! I look forward to meeting with you.

OMAR S. SHERZAI REAL ESTATE CONSULTANT

Your home, your investment. Rely on a professional to help you.





Barcroft School News

Barcroft Elementary is finishing up two weeks of its Spring Intersession, which followed Spring Break. Intersession is an optional period where students get additional academic enrichment along with fun classes like basketball and "Goop and Magical Solutions."

On March 17th, Barcroft Team DCD participated in Odyssey of the Mind, building a vehicle that could do curling, jousting and track and field! Congrats to the team and Coach Edgar Tolentino.

This week (April 17-20) is our Spring Clean-Out event. (No school Monday, April 16th.) Bring your donated household items to school between 8:30 - 9:00 am this week, OR between 5:00 - 7:00 pm on Tuesday, April 24th (during family fitness night). We will take our donated goods (clothing, bedding, toys, kitchen items, sporting goods, other household items) to Unique Thrift on April 25th, and the Savers program will pay us money based on how many pounds we donate! Please share this with your friends and neighbors. It's a great way to celebrate Earth Day, teach your kids about the importance or "reduce, reuse, recycle", AND it raises money for our PTA!

Tickets for the first ever Barcroft Spring Fling are now on sale! This adult-only fundraising party will be held on Saturday, April 28th from 7 to 9 pm at the Barcroft Community House. Tickets are \$50 person and will include two drink coupons, light fare, and music from amazing local acoustic musician Taylor Carson. Most importantly, you get to enjoy a night out with other Barcroft parents!

Tickets are limited, so buy them soon at https://charityauction.bid/Barcroft2018SpringFling. If you previously registered for the Barcroft online auction in December you should already be registered, so all you have to do is enter your credit card information. Please consider an additional donation to the PTA as well. If you have any questions, please feel free to email gretchen. odegard@gmail.com.





Your Neighbor in Arlington Forest

Now's the best time to take advantage of the market conditions!

Conditions are favorable for home sellers in our market. Inventory has declined by double digits, yet demand remains high amongst buyers. Historically low interest rates only add to that demand, especially since they are predicted to rise this year. Homeowners also have a record amount of available equity — \$5.5 trillion as of third quarter 2017 according to Black Knight Data & Analytics. If you have been thinking about selling your home, now is undoubtedly the time to make a move.

Get started with me! Every advantage is yours when you do business with Long & Foster.

Our Parks: Pristine Remnants? By Hutch Brown

Like everyone else, I enjoy the trees and flowing waters in our local parks. But are they a remnant of the original American landscape? Probably not.

In my job for the U.S. Forest Service, I see maps of the United States showing the historical frequency of wildland fires. Four hundred years ago, surface fires burned through our area at intervals of 0 to 30 years.

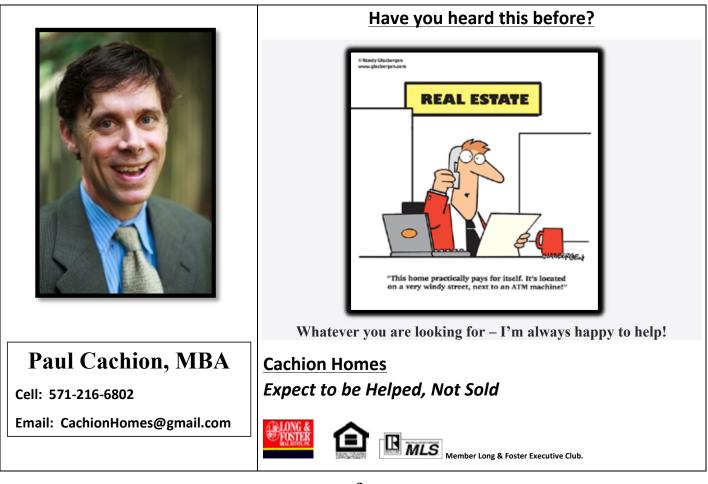
The fires would have opened the landscape. "Thick[et] s there is few," recorded John Smith, cofounder of Jamestown in 1607. Another colonist observed that forest floors were "clean" and "passable both for horse and foot." Another wrote that trees were "commonly so farre distant from each other as a coach with fower [four] horses may travel without molestation."

An expedition in 1716 to explore the interior of Virginia traveled up the Rappahannock River on horseback—impossible today. The explorers enjoyed sweeping vistas from the Blue Ridge (without the benefit of tree-trimming services), and they found the "feeting of elks and buffaloes" in the Shenandoah Valley. Place names like "Plains" are relicts of prairie in the Piedmont region. In 1613, an English explorer reported "a great store of cattle as big as kine [cows]" that were "heavy" and "slow"—bison, a grassland indicator species. Virginia gets few lightning fires. What kept these ancestral landscapes open was seasonal burning by American Indians for agriculture, hunting, and travel and trade. "They cannot travel but where the woods are burnt," noted John Smith.

So, what might our parks have originally looked like? There was a village in Glencarlyn Park at the confluence of Long Branch with Four Mile Run. The residents probably used fire to clear land for farming upstream through Bluemont Park. The water table was higher than today, and pools were deep and full of native brook trout for fishing.

Adjacent forested areas, maintained by seasonal burning, would have been open, with widely spaced large old trees of oak and tulip tree. Residents would have easily traveled along creeks and stalked game in the adjacent woodlands, where browse would have been plentiful in the open shade and visibility would have been good, with big trees for hiding.

There might even have been small grasslands for hunting deer. The first English depictions of Virginia show exactly that, matching colonial descriptions.



Kids for Hire

These Arlington Forest youths are available for babysitting, pet sitting, and other services. To be added or deleted, e-mail newsletter@arlingtonforestva.org.

Southside:

-- Daniel O'Mara: dog walking, pet sitting, snow shoveling, leaf raking, tomara@teamcfw.com, 703-769-3767
-- Ethan O'Mara: dog walking, pet sitting, snow shoveling, leaf raking, tomara@teamcfw.com, 703-769-3767
-- Andrew Rogers: yard work, dog walking, pet sitting, andrewmcyt@gmail.com, 703-892-0226
-- Caroline Rogers: babysitting, pet sitting, dog walking, carolinearogers@verizon.net,703-892-0226
-- Julia Rogers (college breaks only): babysitting (RC cartified) work indicates and set of the set of t

certified), yard work, juliaerogers23@gmail.com, 703-892-0226

Greenbrier Section:

-- CeCe Collinson: babysitting (references), pet sitting, dog walking, plant watering, mail collection, 703-528-3595
-- Donna Corina: babysitting (RC certified), dog walking, pet sitting, leaf raking, snow shoveling, tutoring, 703-248-8885

-- Ethan Hall (college breaks only): snow shoveling, k.hall.b@verizion.net, 302-650-4428

-- Jack Holt: babysitting (RC certified), yard work, snow shoveling, leaf raking, watering plants, tutoring, jackloginname@gmail.com, call or text 703-470-8040
-- Anthony Lawson: yard work, pet sitting, dog walking, 703-933-8880

 -- Charlotte Lawson: leaf raking, pet sitting, dog walking, 703-933-8880

-- Reid Messman: pet sitting, dog walking (references), 703-469-1988

-- Shea Messman: babysitting (Safe Sitter certified, references), 703-469-1988

-- Alexandra Orli: babysitting (references), mother's helper, pet sitting, watering plants, call 703-528-5618

-- Carsten Schoer: math tutoring, soccer lessons, snow shoveling, leaf raking, yard work, carstenschoer@gmail. com, call/text 703-209-0905

-- Leah Shvedova: babysitting (references), tutoring through 8th grade (Social Science, English, Algebra), pet sitting, watering plants, 571-426-6818

-- Emma Weaver: babysitting (Safe Sitter certified, references), 703-875-8185

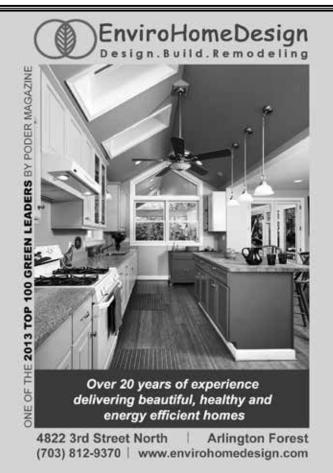
Next AFCA Meeting:

Wednesday, April 18th Speaker Barbara Kanninen

Northside:

-- Daniel Brancati: yard work, leaf raking, snow shoveling, car washing (in your driveway), daniel@barms.org, 703-243-1916

-- Laura Brancati: babysitting (RC certified), dog walking, pet sitting, laura@barms.org, 703-243-1916 -- Riittisha Choudhary: tutoring, babysitting (ages 4-12), yard work, riittishachoudhary@gmail.com -- Ely Constantine: pet sitting, leaf raking, snow shoveling, lawn mowing, cpconstantine@comcast.net, 703-841-9229 -- Tyler Dinan: babysitting, leaf raking, snow shoveling, dog walking, chrisbettdinan@aol.com, 703-525-5763 -- Alex Eng: pet sitting, leaf raking, snow shoveling, dcharveydc@yahoo.com, 703-861-1890 -- Evan Eng: pet sitting, dog walking, leaf raking, snow shoveling, dcharveydc@yahoo.com, 703-861-1890 -- Jeremy Fagen: pet sitting (any animal), dog walking, plant watering, jdoxen11001@gmail.com, 703-200-2396 -- Leina Gabra: babysitting (ages 4-12), house sitting, leinagabra@gmail.com, 703-973-8914 -- Ethan Nissenson: lawn mowing, leaf raking, snow shoveling, Enissenson@verizon.net, 703-201-0523 -- Sophie Stewart: mother's helper, pet sitting, sophiestewart4@gmail.com, 703-402-5494





Link your *Harris Teeter VIC cards* to help your neighborhood and local schools that many of our children attend! It's absolutely free to do! Choose up to five different schools to link to, then hand this page to the customer service desk during your next visit to Harris Teeter.

3906 - Barrett ES 4238 - Barcroft ES 3905 - Thomas Jefferson MS

4378 - ATS ES 5109 3917 - Washington Lee HS

5109 - Key ES on Lee HS 4566 - Wa

- Key ES 3954 - Kenmore MS 4566 - Wakefield HS

DAVEN! NOSH! DO A MITZVAH!

at Congregation Etz Hayim in Arlington, Virginia

Our Weekly & Holiday Services Are Open to All

Shabbat Services	Weekly Minyanim
Fridays, 6:15 pm	Thursdays, 7:00 am
Saturdays, 10:00 am	Sundays, 9:30 am (on religious schoo days only)

We offer a vibrant Religious School, a Preschool with part- and full-day options, social action activities, Israeli Folk Dancing, adult education classes, a Jewish-interest library, and much more!

Congregation Etz Hayim is a warm, inclusive, Conservative congregation that reveres and embraces the rich heritage of our Jewish traditions and teachings. As a modern, egalitarian community, we encourage diversity and freedom of expression, recognizing that each of us chooses our own path in Judaism.

Welcome home to Congregation Etz Hayim—you belong here.

www.etzhayim.net

703.979.4466

Congregation

2920 Arlington Boulevard, Arlington, VA 22204

