

The Arlington Forester



Volume 57, Number 3

Arlington, VA

November 2015

Plans for the Lubber Run Community Center

After years of uncertainty, the future of the Lubber Run Community Center is coming into focus. The issue was on the agenda of a joint meeting between the County Board and School Board on November 10 (after this newsletter went to press). We should learn even more at this month's AFCA meeting from guest speakers Acting County Manager Mark Schwartz, Department of Parks and Recreation Director Jane Rudolph, and Department of Environmental Services Deputy Director George May.

The AFCA meeting is this Wednesday, November 18 at 7 PM in the Barrett Elementary School library.

This is also the month when we issue the last call for annual AFCA dues. If you did not send in your dues in September or October, please do so today using the form on this page. Last year, 351 of the 851 households in Arlington Forest (41%) paid dues. So far this fiscal year, 252 (30%) have responded. Participation rates are Southside (36%), Greenbrier (30%), and Northside (25%). Your dues support AFCA's activities which enhance the quality of life in our neighborhood.

Santa's On His Way by Chris Scheer

*Save the
Date:
December 4th*

Arlington Forest kids of all ages get a jump on the holidays with an early visit by Santa on Friday, December 4, at the annual Arlington Forest

Holiday Party in the Lubber Run Community Center.

The jolly old elf will arrive at 7 PM borne by an Arlington fire truck -- his traditional mode of transportation -- and he won't depart until he's had a personal chat with every child. But don't wait until 7 PM to arrive! Before Santa shows, everyone will gather on the lawn along George Mason Drive to light the Lubber Run tree and wait to greet Santa's exciting arrival aboard a siren-blaring pumper. Then it's inside for live music, caroling, holiday goodies and Santa lap-sitting. Don't forget to bring a plate of goodies to share. AFCA will provide holiday punch and a few snacks to get things started.

Volunteers are needed to help set up and tear down, lead singing and manage activities for the kids. If you can help or if you have a group that might provide assistance -- table crafts for kids, elf assistance for Santa, caroling -- please contact Chris Scheer at 703-276-9725 or scheerjchris@gmail.com.

AFCA MEMBERSHIP DUES ANNUAL DUES \$10 PER HOUSEHOLD

Deliver this form and your check payable to "AFCA" to your respective AFCA section representative.

Greenbrier: Tom Smialowicz, 26 N. Granada St. 22203

Northside: Joel Yudken, 104 N. Columbus St. 22203

Southside: Stacey Zee, 8 S. Columbus St. 22204

Dues: _____ Donation: _____ Total: _____

NAME: _____

ADDRESS: _____

E-MAIL: _____

www.arlingtonforestva.org

AFCA Meeting 7 p.m. November 18 at Barrett School Library

THE ARLINGTON FORESTER

Official publication of the Arlington Forest Citizens Association, Arlington, Virginia founded in 1939. A nonpartisan, nonsectarian publication serving the common interests of the residents of Arlington Forest.

Editor & Advertising: John Naland
703-888-0125, newsletter@arlingtonforestva.org

Layout & Design: Laura Smialowicz
703-528-3889, smialowicz@hotmail.com

Distribution: John Naland
703-888-0125, newsletter@arlingtonforestva.org

2015 - 2016 AFCA Officers

President: Allison Kennett
703-528-1174, allison.kennett@gmail.com

Vice President, Northside: Joel Yudken
703-528-8218, joel.yudken@verizon.net

Vice President, Southside: Stacey Zee,
571-241-7832, staceymzee@yahoo.com

Vice President, Greenbrier: Tom Smialowicz
703-528-3889, smialowicz@hotmail.com

Recording Secretary: Char Mahoney
571-241-9866, char.mahoney@verizon.net

Co-Secretary: Esther Bowring
erbowring@gmail.com

Treasurer: Lauren Mikoy
703-906-8218, LaurenDYork@gmail.com

Neighborhood Conservation Plan:
Timothy O'Leary, 703-525-0975, tfoleary310@gmail.com

Arlington Civic Federation Rep: Salvatore D'Itri


Historian: John Naland

Website: <http://www.arlingtonforestva.org>
Join AFCA listserv by e-mailing address to:
arlingtonforestva@gmail.com


Forester is printed by *Minuteman Press*

Editor's Note

The *Arlington Forester* welcomes articles, news notes, letters, and photos focusing on non-commercial events or issues specific to our neighborhood. We publish eight times per year (Sept to Nov and Jan to May). Deadline for submissions is the first of the month. E-mail submissions of up to 400 words to newsletter@arlingtonforestva.org. Space often fills up before the deadline.



ONE OF THE 2013 TOP 100 GREEN LEADERS BY PODER MAGAZINE



Over 20 years of experience
delivering beautiful, healthy and
energy efficient homes

4822 3rd Street North | Arlington Forest
(703) 812-9370 | www.envirohomedesign.com

Is your computer broken or your data in jeopardy?
Or is your small business in need of IT support?



Arlington Virginia Computer Repair

<http://avcr.us> | help@avcr.us | 703-486-0200

Data recovery, computer repair and IT consulting with a personal touch

- AVCR is a local alternative to big box stores and mail-in data recovery services.
- We live and work in Barcroft. Our family-owned and operated business has been serving Arlington since 1999.
- All work is given personal attention from our seasoned IT experts. We don't outsource your repair or data recovery.
- Our experts also serve local small businesses for IT support, business consulting, web design, one-on-one training and more.

**Bring this ad to receive a 10% discount
on our labor rate for your first case!**

Kids Halloween Parade on October 31st



Dozens of little princesses, action heroes and other costumed wee ones (plus several costumed dogs) participated in the annual neighborhood Halloween parade on Saturday afternoon,

October 31 (see accompanying photo).

Starting at the Arlington Forest Shopping Center, the parade headed to the Lubber Run Amphitheater where the kids strutted their stuff on the stage. Participants then proceeded on to the Lubber Run Fire Ring for s'mores before heading home to prepare for that night's Halloween trick-or-treating.

Many thanks to Jen Beer for organizing this great family event again this year.



Arlington Forest United Methodist Church

"Where Love Changes People's Lives through Engaging Worship, Learning Together, and Serving Others"



4701 Arlington Boulevard, Arlington, VA 22203, 703-525-0961

www.arlingtonforestumc.com and on Facebook

Godly Play & Sunday School 9:00 a.m., Worship 10:00

Community Christmas Dinner 12/13, 6pm
Children's Christmas Eve Service 12/24 4 pm
Candle-light Christmas Eve Service 7pm



"Your neighborhood church only a walk away"



Pre-K (Age 4 by Sept.30)
through 8th grade

Affordable Tuition

Before and After School Program

Small Class Sizes

Many Extracurricular Activities

825 SOUTH TAYLOR STREET

ARLINGTON, VA 22204

703-892-4846

WWW.OSVA.ORG



Building quality homes in Arlington and around northern Virginia and Maryland.

1005 North Glebe Road, Suite 325
Arlington, VA 22201
703.584.4810

mkdevelopmentllc.com



Arlington Market Trends

Here are September Stats for Arlington County from MRIS: The median sold price for Detached properties was \$752,500, a decrease of 5.5% compared to August 2015 and an increase of 5.6% from Sep 2014. The Contract Ratio is 13% lower than the 5-year September average of 0.48. A higher Contract Ratio signifies a relative increase in contract activity compared to supply, and indicates the market is moving in the seller's favor. A lower Contract Ratio signifies a relative decrease in contract activity compared to supply, and indicates the market is moving in the buyer's favor.

**Current Best Buys in Arlington Forest:
Just Listed – 4817 N. 2nd Rd. \$737,000**

3 BR, 3 Baths, Open Kitchen, Main level Family Room, Huge Master bedroom with updated en-suite bath. Rec room and full bath on lower level. Screen porch off kitchen.



211 N. Wakefield St. \$869,900

4 Bedrooms upstairs, Master suite w/2 walk in closets, & remodeled bath. Amazing Chef's Kitchen opens to Family room. Fully finished basement, Fenced rear yard with Deck & Patio.



5113 N. 3rd St. \$647,750

3 BR, 1 bath home, Refinished floors, Freshly painted, Lower level Rec room, Custom rear Screened Porch w/skylights, Level Fenced rear yard offers plenty of room for an addition.



Casey O'Neal
Associate Broker

703-217-9090

casey@caseyoneal.com

RE/MAX Allegiance

www.caseyoneal.com

FREE Notary Service
for Arl.Forest Residents!

*Before you place your home on the market - I can help you be as ready as possible. **Contact me for a Room by Room Review** and I can share quick and easy tips to either make your house show like a model or sell it "as-is".*

Around the Forest

Scarecrow Making: Brownie Troop #121, joined by several big sisters in Junior Troop #148 and some other young For-esters, made Halloween scarecrows at the Arlington Forest Shopping Center on Sunday, October 18 (see accompany- ing photo). AFCA sponsored this first-ever event which John Naland coordinated. All involved had a great time. Thanks to shopping center co-owner C.O. North for making the courtyard available.



Crime Watch: Several cars were entered and rummaged through on the night of October 30 on the 300 block of N. Granada St. The police were called and came to take finger prints. One resident had recorded the serial number of a restaurant gift card that was stolen; the police said they will try to trace it when it is cashed. Residents are reminded to remove valuables from their cars and to lock them. Any crime should be reported to the police even if the thief is long gone. The police non-emergency number is 703-558-2222.

Apseloff Smashes World Powerlifting Record: Arlington Forest resident Roy Apseloff broke his own world record in the dead lift at the 100% Raw Power- lifting Federation world championship competition on October 31 in Virginia Beach. Lifting in the 55-59 year old 198 pound class, Roy, 58, dead lifted 245.5 kilograms (541.2 pounds), smashing his own world record of 232.5 kilograms (512.6 pounds) set in May. Last year, Apseloff dead lifted 500.25 pounds for a world record, eclipsing the quarter-ton barrier in competition for the first time. He at- tributes his increases in strength at his age to sleeping well, eating cleanly, and training with extreme intensity. Raw powerlifting is lifting without the aid of suits or wraps - only a weight belt is permitted for the dead lift. The dead lift consists of approaching the bar positioned on the floor, grasping it firmly, and in one motion lifting the weight to an upright position with arms straight and knees locked.



Adam RT Tnaib
202-725-0055
Adamt@kw.com

Your local and neighbor realtor in Arlington Forest

These are just some of the benefits that I am offering to my Arlington Forest clients:

- Free staging for your home
- Free cleaning services to get your home ready
- Free comparative market analysis in the area
- Credit to help with your moving expenses



Keller Williams Realty: 2101 Wilson Blvd., Suite #100 Arlington, VA 22201



Nature News



Leaf Season: Reminder, between now and early January, do not put leaves in plastic garbage bags or trash carts. Vacuum leaf collection in Arlington Forest is tentatively scheduled to begin between November 18 and 24. Look for notices giving the updated schedule on telephone poles or the County website. Rake leaves to the curb, but remove rocks, litter, and sticks. Biodegradable bag collection will continue until the week of January 8 on the day after your regular trash pickup. Free bags are available at the Lubber Run Community Center.

Christmas Tree Collection: The County's Christmas Tree collection program runs January 4 to 16 on your regular trash pickup day. Trees are ground into wood mulch, so please remove the tree stand and decorations and do not place the tree in a plastic bag. Remember that it is illegal to dump Christmas Trees (or anything else) in parkland.

Snow Watch: As another winter nears, please remember that Arlington County requires residents, businesses, and churches to clear snow and ice from their sidewalks within 24 hours after snowfall ceases (or within 36 hours if snowfall exceeds 36 inches). Noncom-

pliance can result in a \$50 or more fine, plus being billed for removal fees if the County does the shoveling. Despite the 24-hour rule, the County urges shoveling "as soon as possible" since snow and ice left for any length of time could cause a pedestrian to fall and be injured. Any resident who is unable to shovel due to ill health, travel, or other reasons should coordinate for someone else to do the work. A low-cost option is to utilize "Kids for Hire" on page 10 of this newsletter for a list of energetic neighborhood students who stand ready to assist. Bottom line: now, before the first winter weather warning is issued, is the time to check your shoveling supplies and make plans to clear your sidewalks of snow and ice.

TreeStewards Training: Do you want to protect and promote our urban tree canopy? Then become a volunteer TreeSteward. The next TreeStewards of Arlington and Alexandria volunteer training will start in February 2016 at the Fairlington Community Center. Apply now to ensure your place at www.treestewards.org (the application form is on right side of page). Class is limited to 25 participants, and preference will be given to those who have a desire to serve the community with a commitment to volunteer service. The TreeStewards make a difference in the health of our urban tree canopy. Through classroom training and hands-on practice, TreeStewards learn the basics of tree biology and physiology, tree identification, planting and maintenance techniques, construction impacts on trees, pruning and selecting the right tree for the right spot.



PIANO ON THE RUN

for people on the run...
who live near Four Mile Run

Yes we teach piano in your home!

If you've dreamed of playing piano--
now is the time--in the comfort
of your own home.

Keyboard or piano needed for practice
Discounts for series of 12 lessons.

It's never too late!

Contact: 703-400-1814

PianoOnTheRun@gmail.com

www.PianoOnTheRun.com



Crystal Coiffure & Spa

Serving Arlington Forest for over 30 years

703-525-6828 www.ccandspa.com

Arlington Forest Shopping Center

Tues-Fri 8:30 a.m.-7 p.m., Sat 7:30 a.m.-4 p.m.

Appointments & Walk-ins Welcome

HAIR

Style cuts for women,
men, children

Tints & highlights

Keratin Treatment

Braiding

NAILS

Manicure

Pedicure

SKIN

Facials

Waxing

MASSAGE

Swedish

Sports massage

Pre-postnatal

Special: Free Manicure with Color, Perm or Highlights

Special: Free Blow Dry and Style with a Massage

(Bring this *Arlington Forester* coupon with you.)

Forest Exchange

Children's Christmas Pageant: Looking for a way to get your children involved in celebrating the true meaning of Christmas? Then look no further! On Dec 13, St. John's Episcopal Church in Glencarlyn holds its Annual Children's Christmas Pageant. They would love to have your children (ages 5 through high school) be a part of this dynamic experience! Roles to play include Mary, Joseph, Baby Jesus, Angels, Magi, and Shepherds. Children will sing and dance to favorite Christmas carols. Rehearsals begin Nov 29 from 1-4 pm. For more info, call 703-671-8364 or email familyprograms@stjohnsarlingtonva.org.

Free Concert: On Sunday, Dec 6, the choir Mizmor will welcome the festival of Hanukkah with a free concert at First Presbyterian Church, 600 N. Vermont St., at 4 p.m. "Songs of Light and Peace: A Celebration of Hanukkah" will feature music that is familiar and fun, sublime and serene, celebrating the beginning of the Festival of Lights. The choir, led by Cantor Michael Mandel, has among its members current (Michael Resnick) and former (Debra Montanino) Arlington Forest residents. You can catch an encore performance on Sunday, Dec 13 at Calvary United Methodist Church, 2315 S. Grant, also at 4 p.m.

Community Calendar

Next AFCA Meeting: Wednesday, November 18, 7 pm at Barrett Elementary.

AFCA Holiday Party: Friday, December 4 at Lubber Run Community Center.

Neighborhood Spring Cleanup: Saturday, April 16. Help beautify our neighborhood parks and other public areas.

Annual Yard Sale: Saturday May 21. Turn unwanted stuff into cash.

Lubber Run Amphitheater: Live entertainment under the stars resumes in June.

Arlington County Fair: August 17-21. Rides, food, displays, and racing pigs.

Future AFCA Meetings:

January 20: Arlington Economic Development

February 17: County Board Member

March 16: School Capacity & Master Gardener

April 20: Traffic Issues & Ballston Mall Update

May 18: Picnic & Membership Meeting



Electronic versions of this newsletter are available:
www.arlingtonforestva.org



703 474-1145 CELL
703 531-3070 DIRECT
703 536-8723 FAX
OMAR@LNF.COM
WWW.OMARSHERZAI.LNF.COM



*Your home, your investment.
Rely on a professional to help you.*

As a resident of Arlington Forest, I work hard to provide my neighbors with the very best service. Right now, demand for homes like ours is extremely high, with interest rates at an all-time low and very little inventory available. If you are considering selling or buying a home, let me show you how working with a knowledgeable professional can make the experience great! I look forward to meeting with you.

OMAR S. SHERZAI
REAL ESTATE CONSULTANT



Barcroft School News

October was an exciting month for students at Barcroft Elementary. The Modified School Year calendar that Barcroft Elementary uses permitted a 2 week break from school October 5 to 16. Over 60% of the students enrolled in Fall Intersession, and enjoyed classes such as Learning to Cook and Exploring with Lewis and Clark. The school hosted a Children's Coat Drive during the week of October 20 to 23. The PTA hosted a "Foodtober" PTA meeting on October 20. The meeting included an APS Food Services presentation and food-related poems from students.

On October 22, Barcroft hosted a Bilingual Barcroft (BiBa) Chat. BiBa chats occur several times a month on Thursday mornings, and provide opportunities for parents to stay connected, exchange information and find ways to help their children at home while hearing presentations provided by staff members and the Principal. Student runners enjoyed the Marine Corps Marathon One-Mile Fun Run on October 24. Families also enjoyed free popcorn and the movie Monsters, Inc. during the PTA Pajama Party and Movie Night on October 30.

First Quarter Report Cards were sent home on November 2. The November 3 PTA Election Day Bake Sale was wildly successful, raising nearly \$1500. Many thanks to our wonderful neighbors! Several grades visited the Plan-

etarium during November field trips. The school's Chorus participated in the APS Pyramid Concert with other elementary, middle and high schools on November 4.

The PTA monthly meeting was held on November 10 at Arlington Mill Community Center. Between November 2 and 12, the PTA collected extra Halloween candy and homemade cards to donate to the Veteran's Hospital in D.C. to be used in a November celebration of Women Veterans. The Barcroft faculty is scheduled to participate in a soccer match against the Kenmore Middle School faculty on November 13. Go Barcroft! On November 18, the PTA will host an Usborne Book Fair in time for holiday shopping. We hope that you can join us!

SAVE THE DATE: Barcroft is hosting a 5K Snowball Stride run on December 12. All neighborhood runners and walkers are invited to participate. For information, and to register for this exciting event, go to: <http://goo.gl/QVriRg>.

To learn more about What's Happening at Barcroft Elementary, contact our PTA President Tara McCabe at tcs04@gmail.com.

*Next AFCA Meeting:
Nov 18th, 7 p.m. at Barrett School*



JIM MCGARITY
Associate Broker
Member NVAR Multi Million
Dollar Club



703-283-7509

E-Mail:

jim.mcgarity@longandfooster.com



Your Neighbor in Arlington Forest

If you are considering putting your home on the market, I would suggest that you begin getting your home ready as soon as possible. By having your home ready and in great shape for the new owners, the price that you get will be higher than if you don't prepare the home for sale. I have a list of things that owners should do in preparation to market their home. If

you would like to meet with me to see your home and give you some ideas on how to prepare it, please call me for a free, no obligation consultation. With the inventory low, it is an ideal time to sell your home. I look forward to meeting with you.

Jim

Barrett School News

October is the month where the changing season is fully apparent. Likewise at Barrett, we said goodbye to our long-time Assistant Principal Yolanda Smingler. During the annual UN Heritage Assembly on October 23, students and staff bid her farewell singing songs in her native Spanish and highlighting her many years of service. The students, representing the many cultures and languages at Barrett, dressed in traditional costumes (see photo).

Ms. Smingler has retired after working for APS for 22 years, most of those at Barrett in a number of capacities including as a Kindergarten teacher, an ESOL/HILT teacher, and administrator. Ms. Jessica Kingsley has been appointed interim Assistant Principal to complete the school year with us. Welcome Ms. Kingsley!

On October 30, Barrett students in full Halloween regalia held their annual Halloween parade. Students

assembled on the playground and marched a block over to Culpepper Gardens for some early trick-or-treating. The residents of Culpepper are always delighted to see the children and had packs of goodies ready.

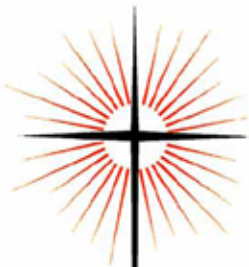
Since this is the last issue of the Arlington Forester until the New Year, the Barrett Elementary community wishes you a peaceful and happy holiday season. See you in 2016!



Assistant Principal Yolanda Smingler says farewell to the students of Barrett.

Upcoming Events:

- Barrett Gives (helping families in need),** Nov 18
- Bingo Night,** December 11
- Winter Break,** December 21 to January 3
- Digital Learning Showcase,** January 14
- Winter Concert,** January 21



Celebrate the Birth of Christ With Us!

St. John's Episcopal Church is a vibrant congregation with a big heart. We are an inclusive and welcoming community of faith where families are supported in their spiritual growth and questions and discussion are always welcome.

-The Reverend Ann Barker, Rector

Sunday Worship Services
8 am and 10 am

Sunday Christian Education
Adults 9 am — Youth 10 am

All Children 5 and up are invited to participate in our Christmas Pageant!

Call or email familyprograms@stjohnsarlingtonva.org



- | | | |
|--------------------|-------|--|
| November 29 | 1 pm | First rehearsal for Christmas Pageant |
| December 13 | 10 am | Children's Christmas Pageant at the 10 am service |
| December 24 | 5 pm | Christmas Eve Service - special music and a children's message |
| | 11 pm | Christmas Eve Service with carols |
| December 25 | 10 am | Christmas Day Service with carols |
| December 27 | 10 am | Hear the Christmas story in Bible lessons and carols |

St. John's Episcopal Church



415 S. Lexington Street Arlington, VA 22204

703-671-6834

www.stjohnsarlingtonva.org

Kids for Hire

These Arlington Forest youths are available for babysitting, pet sitting, and other services. To be added or deleted, e-mail newsletter@arlingtonforestva.org.

Southside:

- Daniel O'Mara: dog walking, pet sitting, leaf raking, tomara@teamcfw.org, 703-769-3767
- Ethan O'Mara: dog walking, pet sitting, leaf raking, tomara@teamcfw.org, 703-769-3767
- Sophia Polisar: babysitting (RC certified), pet sitting, sophiapolisar@gmail.com, 571-429-2289
- Caroline Rogers: babysitting, pet sitting, dog walking, carolinearogers@verizon.net, 703-892-0226
- Julia Rogers: babysitting (RC certified), yard work, juliaerogers23@gmail.com, 703-892-0226
- Jon Tiernan: babysitting (RC certified, references), pet sitting, jontiernan16@gmail.com
- Liz Tiernan: babysitting (RC certified, references), pet sitting, lizytiernan@gmail.com

Greenbrier Section:

- CeCe and Zephren Collinson: babysitting (references), pet sitting, dog walking, leaf raking, snow shoveling, tutoring, plant watering, mail collection, 703-528-3595
- Donna Corina: babysitting (RC certified), dog walking, pet sitting, leaf raking, snow shoveling, tutoring, 703-248-8885
- Mary Corina: babysitting (RC certified), dog walking, pet sitting, leaf raking, snow shoveling, tutoring, 703-248-8885
- Allison Ferrell: babysitting (RC certified), pet sitting, Allisonrocket@aol.com, 703-276-2840
- Ethan Hall: babysitting (RC certified), snow shoveling, leaf raking, pet sitting, dog walking, k.hall.b@verizon.net, 302-650-4428
- Jack Holt: babysitting (RC certified), yard work, snow shoveling, leaf raking, watering plants, tutoring, jackloginname@gmail.com, 703-465-0580

- Bridget Holt: babysitting (RC certified), dog walking, pet sitting, 703-465-0580
- Anthony Lawson: pet sitting, dog walking, 703-933-8880

Northside:

- Laura Brancati: babysitting (RC certified), dog walking, pet sitting, laura@barms.org, 703-243-1916.
- Daniel Brancati: yard work, leaf raking, snow shoveling, car washing (in your driveway), daniel@barms.org, 703-243-1916
- Riittisha Choudhary: tutoring, babysitting age 4-12, yard work, riittishachoudhary@gmail.com
- Ely Constantine: pet sitting, leaf raking, snow shoveling, cpconstantine@comcast.net, 703-841-9229
- Sophia Constantine: pet sitting, dog walking, srconstantine@comcast.net, 703-841-9229
- Fiona Hickey: babysitting (RC certified), 703-351-7013
- Sophie Hickey: babysitting, 703-351-7013
- Olivia Kennett: babysitting (RC certified), 571-277-4441
- Tenley Kennett: plant watering, dog walking (25 lbs. max), 571-277-4441
- Alyssa Luz-Ricca: babysitting (RC certified), dog walking, pet sitting, alyssa.luz.ricca@gmail.com, 703-740-6972
- Marika Mortimer-Lotke: babysitting (RC certified), house sitting/chores, 703-276-9046
- Allison Vernon: babysitting (references), pet sitting, catharinevernon@aol.com, 703-522-9147
- Gabby Young: babysitting, mother's helper, pet sitting, dog walking, merrywesing@yahoo.com, 703-622-4229

AFCM Holiday Party on Dec 4th



Home uncomfortable? High Bills?
Allergies or Asthma? Let us help!

HOME ENERGY MEDICS

Energy Audits, Insulation, Air Sealing & More

703.447.5379 | HomeEnergyMedics.com

Repair
Posts





Ray's Welding
(703) 960-1571

Remount
Rails



www.BenRayWelding.com
Rails Installed New



Fashion Nails
703-243-7222
 4817 1st. Street N
 Arlington, VA 22203
 Professional Nails & Skin Care

Monday - Friday: 10 AM - 8 PM Saturday: 9 AM - 7 PM Sunday: 11 AM - 6 PM

- ACRYLICS
- PINK & WHITE
- POLISH GEL
- POWDER GEL
- UV GEL
- SILK-WRAP
- FRENCH MANICURE & PEDICURE
- FACIAL
- PERMANENT MAKEUP
- MAKEUP ARTIST
- BODY MASSAGE, PARAFFIN-WRAP
- WAXING, BRAZILIAN BIKINI
- SPA MANICURE & PEDICURE
- EYELASH EXTENSION

Appointment & Walk-ins are welcome
 Hair Cut, Color, Style and Nails Services at your place available
 Arrangement available for special events & wedding
 Gift Certificates Available
 Accept Visa, Master, American Express, Discover Cards & Personal Check



Advertise Here:
 Eight times a year, this newsletter is hand-delivered to **851 homes** in Arlington Forest. Rates start at \$25 per issue for an ad this size. For more info, e-mail John Naland at newsletter@arlingtonforestva.org

Tuesdays are Grandparents Day - 10% off all full-priced merchandise for grandparents



Kinder Haus Toys

Fabulous Toys, Hobbies, Crafts, Books, Shoes and the most beautiful Children's Clothes. Sporting Goods

1220 N. Fillmore St.
 Arlington, VA 22201

2 blocks east of the Clarendon Metro on the Orange Line
 Street level below Gold's Gym on Fillmore St. in Clarendon

web: www.Kinderhaus.com
 (for news and events)

email: kinderhaus@comcast.net

7 DAYS A WEEK 703-527-5929



Crystal Thai
 RESTAURANT
Distinctive and Aromatic Thai Cuisine

4819 Arlington Boulevard & Park Dr.
 Arlington Forest Shopping Center

Tel: 703-522-1311

Open Weekdays 11:30 a.m. to 10:30 p.m.
 Weekends noon to 11 p.m.

Carryout and Delivery Hours:
 11:30 a.m.-2 p.m. M-F, 5:30-9 p.m. daily

Free delivery on lunch orders over \$10 and dinner orders over \$15

**Fine Food
 Fine Service
 Fine Neighbors**

**Buy One
 Get One \$8 Off!**

Get **\$8 off** one Lunch or Dinner Entree when purchasing a Second Lunch or Dinner Entree Of Equal or Greater Value

**Good Daily for
 Arlington Foresters
 With This Coupon
 For Dine-in Only**

One Coupon per Party
 Not Valid with Luncheon Specials, Soft Shell Crab Menu, any Special of the Day or Other Promotions, Maximum Discount \$8

Coupon expires January 15, 2016
 We honor all Major Credit Cards

**R & M
 CLEANING SERVICES**

Reliable - Experienced - Good References
 Flexible Scheduling - Reasonable Rates
 We Bring Our Own Equipment

**Call MARYEN or RAUL
 703-321-5335**

Free-in-home
 Estimate --
 Weekly/Bi-weekly/
 Monthly or Occasionally --
 Move-in or Move-out Office



Murphy's Funeral Homes

Robert J Murphy, Founder
 Barry M. Murphy, Senior Advisor



4510 Wilson Blvd, Arlington
 703-920-4800



1102 W. Broad St., Falls Church
 703-533-0341

Breeder of America's Maine Coon Cat

Susan Taylor



AT HOME PETS

*Individualized Care in
Pet's Own Home*

Pet Transportation | Security Visits
House Sitting | Licensed & Bonded

703-207-9666

Arlington Forest references

New Forest Valet

Quality Cleaning Since 1967

Drycleaning - Laundry - Shoe Repair

Alterations - Draperies - Quilts

Specializing in Delicate
and Fancy Items

Arlington Forest Shopping Center

703-525-4354

7 to 7 Mon-Fri, 9-3 Sat

“Fussy Cleaning for
Nice People”

Brick's Pizza

8 Years of Great Pizza

703-243-6600

Cheese 12" - \$10.49, 14" - \$12.49

16" - 14.99

Each topping \$.99 \$1.49 \$1.99

On Tuesdays:

**Buy one pizza,
get one free**

Arlington Forest Shopping Center

Hours: 11 am - Midnight M-F

Sat 11 am-1 am, Sun 11 am-11 pm

Season's
Quality
Tree Care



- Pruning
- Trimming
- Tree Removal
- Storm Damage

Quality Work at a reasonable price!

Call today for a FREE estimate

703-524-5252

A Forester-owned business

BROOKE RENTAL center®

We Rent the Things You Need!

Arlington, VA • 703.243.2122

Advertise Here:

Eight times a year, this
newsletter is hand-
delivered to **851 homes**
in Arlington Forest.

Rates start at \$25 per
issue for an ad this size.

For more info, e-mail

John Naland at

newsletter@
arlingtonforestva.org



ARLINGTON-FAIRFAX JEWISH CONGREGATION

ETZ HAYIM עץ חיים

We welcome you to join us at our synagogue and school
right here in Arlington. You're invited to our

OPEN HOUSES, TOT SHABBATS,

and other events that will surprise and delight you.

Just come in, and you'll find someone happy to help!

Rabbi Lia Bas and our synagogue family are waiting for you
at 2920 Arlington Blvd. (Just park at S. Garfield St. & come on over.)

(703) 979-4466

office@EtzHayim.net

---- Find out more at **EtzHayim.net**